



Startlist

07:30 hrs - 20km Walk - (National)

Women

Lane	Bib	Name	Team	SB	PB
1	263	Grace Wanjiru Njue	KDF		01:34.6
2	264	Silvia Kemboi	KDF		01:42.1
3	265	Linda Waweru	KDF		01:44.2
4	266	Grace Thoiti	NPS		01:48.1
5	267	Naomi Chepkirui	KDF		01:56.0
6	268	Purity Mwende	KDF		01:56.5

Men

Lane	Bib	Name	Team	SB	PB
1	269	Samwel Ireri Gathimba	Prisons		01:22.3
2	270	Peter Theuri	KDF		01:24.6
3	271	Dominic Ndigiti	Nyanza South		01:25.2
4	272	Simon Wachira	KDF		01:27.1
5	273	Erick Shikuku			01:31.5
6	274	Nichodemus Musau	KDF		01:32.3
7	275	Hesbon Ndiema	KDF		01:33.5
8	276	Geofrey Kaluma	KDF		01:27.1

13:15 hrs - Javelin Throw Men - (Discretionary)

Order	Bib	Name	Nat		SB	PB
1	179	Kiprop Methusellah	KEN	1991	66.91	66.91
2	180	Kinyanjui Duncan	KEN	1996	68.75	68.75
3	121	Sokola Dominik	CZE	1996	70.78	73.4
4	110	Grobler Johan	RSA	1997	73.91	80.59
5	181	Kiprotich Alexander	KEN	1994	74.76	78.84
6	171	Moutarde Lukas	FRA	1998	75.71	78.73
7	172	Chmielak Hubert	POL	1989	78.54	82.58
8	72	Herman Timothy	BEL	1990	78.75	80.48

13:35 hrs - Long Jump Women - (National)

Order	Bib	Name	Team	SB	PB
1	214	Pricilla Tabunda	KDF		5.77
2	215	Faith Jepkemboi	Central Rift		5.97
3	216	Regina Malai Mulatya	Prisons		5.65
4	217	Gloria Mbaika Mulee	Southern		5.91
5	218	Ivy Chepkemoi	Prisons		5.76
6	219	Maximila Imali	NPS		6.43
7	220	Regina Safania	NPS		5.52
8	221	Maurheen Wafula	Prisons		5.45

13:45 hrs - 400m Hurdles Women - (National)

Lane	Bib	Name	Team	SB	PB
1	222	Agnes Mutindi	Southern		66.5
2	223	Elizabeth Kimuyu	KDF		63.36
3	224	Hannah Wairimu	Central		62.24
4	225	Vanice Kerubo Nyagisere	Nyanza South		57.85
5	226	Caroline Waiganjo	IND		60.55
6	227	Faith Njeri	NRB	66.43	64.05
7	228	Virginia Kasyoka	NPS		65.48
8	229	Hannah Maloe			67.2

14:00 hrs - 10000m Men - (National)

Lane	Bib	Name	Team	SB	PB
1	230	Shadrack Kipngetich Koech			28:04.9
2	231	Paul Kipngetich Tanui	S/Rift		27:58.1
3	232	Emmanuel Kiprono Bett			27:50.0
4	233	Ronex Kipruto	S/Rift		26:50.2
5	234	Solomon Boit			27:41.2
6	235	Simon Saidimu Muisio			27:51.0
7	236	Titus Mbishei			28:00.0
8	237	Wilfred Kimitei	Prisons		28:46.6
9	238	Josphat Too	S/Rift		28:41.0
10	239	Edmond Kipngetich			28:39.1
11	240	Peter Kiprotich			28:32.0
12	241	Peter Emase	Prisons		28:38.0
13	242	Joseph Kimutai			28:40.0
14	243	Peter Kirui	NPS		28:45.2
15	244	Charles Yosei Mneria			28:18.1
16	245	Wilson Too	KDF		28:52.0

17	246	Uba Ndinda	Refugee	-
18	247	Edwin Kiplagat Bett		29:06.0
19	248	Zablon Chumba	NPS	28:53.2
20	249	Kennedy Kipyego	N/Rift	28:52.0
21	250	James Kimeu	Southern	29:00.0
22	251	Nathan Lagat	KDF	28:52.7
23	252	Ronald Kiprotich Kirui	S/Rift	28:53.3
24	253	Geofrey Musonga	N/Rift	29:30.2
25	254	Emmanuel Kiurura	Refugee	-

14:45 hrs - 400m Hurdles Men - (National)

Lane	Bib	Name	Team	SB	PB
1	255	John Gigonyo	KDF		50.17
2	256	William Mbevi	KDF		51.22
3	257	Aron Koech	NPS		50.45
4	258	Nicholas Chirchir	KDF		49.3
5	259	Ezekiel Bett	KDF		50.3
6	260	Edward Ngunjiri	KDF		50.45
7	261	Patrick Muinde			52.02
8	262	Kipkorir Rotich	NPS		50

14:50 hrs - Hammer Throw Women - (Core)

Order	Bib	Name	Nat		SB	PB
1	198	Kanini Nancy	Ken	1987		42.35
2	113	Rodriguez Rosa	VEN	1986		73.64
3	193	Kerubo Rebecca	KEN	1982	48.9	52.92
4	150	Chlupova Katerina	CZE	1986	59.22	63.81
5	112	Andersson Tracey	SWE	1984	61.91	70.99
6	106	Ivanenko Valeriya	UKR	2001	66.05	67.04
7	71	Sterckendries Vanessa	BEL	1995	69.61	69.61
8	111	Kalamoets Anastasiya	BLR	1994	71.72	71.99

15:00 hrs - Opening Ceremony

15:15 hrs - 4 x 400m Mix Relay - (National)

Lane	Bib	Name	Team	SB	PB
1		William Mbevi	KDF-B		
		Joseph Phogisio	KDF-B		
		Gladys Nthenya	KDF-B		

	Janeth Chepkoech	KDF-B
2	Geofrey Kabelo	Prisons
	Daniel Amolo	Prisons
	Edna Ogendi	Prisons
	Mercy Adisa	Prisons
3	Angeline Makena	KDF-A
	Jared Momanyi	KDF-A
	Linda Kageha	KDF-A
	Immanuel Mutua	KDF-A
4	Haron Koech	NPS-A
	William Rayan	NPS-A
	Sheila Chepkosgei	NPS-A
	Mourheen Thomas	NPS-A
5	Issack Kirwa	NPS-B
	Gideon Kiplimo	NPS-B
	Elizabeth Katungwa	NPS-B
	Veronica Mutua	NPS-B

15:27 hrs - 1,500m Women - (Discretionary)

Lane	Bib	Name	Nat		SB	PB
1	188	Charles Grace Jackson	TAN	2001		
2	187	Chepkemoi Edna	KEN	2002	None	None
3	61	Chelangat Josphine	KEN	1998	None	4.08.77
4	127	Chepngetich Judy	KEN	1995	None	4.06.27
5	182	Halu Lemlem	ETH	2001	4.04.75	4.02.97
6	85	Cherono Mercy	KEN	1991	None	4.01.26
7	62	Embaye Axumawit	ETH	1994	4.02.96	3.59.02
8	183	Jebitok Edinah	KEN	2001	4.05.23	4.05.23
9	003	Chebet Winny	KEN	1990	4.02.58	3.58.20
10	185	Chesebe Silvia	KEN	1987		4.05.3

15:35 hrs - High Jump Men - (National)

Order	Bib	Name	Nat	SB	PB
1	283	Sawe Matthew	KEN		
2	284	Kipsaina Amos	KEN		

3	285	Kiprop Asbel Kemboi	KEN
4	286	Kiprono Kosgey Peterson	KEN
5	287	Kipyego Andrew	KEN
6	288	Kiprono Robert	KEN

15:40 hrs - 5,000m Men - (Discretionary)

Order	Bib	Name	Nat		SB	PB
1	148	Newton Kipkirui Cheruiyot	KEN	1995	14.07.6	14.07.6
2	126	Kipkogei Bravin	KEN	1995	14.03.37	14.03.37
3	30	Teklehaimanot Argawi Berihu	ETH	1995	None	13.15.44
4	31	Kibet Samuel	UGA	1995	None	13.44.42
5	205	Koros Collins	KEN	1995	13.35.9	13.35.9
6	125	Kiprop Robert	KEN	1995	13.32.5	13.21.86
7	138	Kaya Aras	TUR	1995	13.31.50	13.23.91
8	153	Kibet Michael	KEN	1995	13.11.10	13.11.10
9	163	Worku Tadesse	ETH	1995	None	13.18.17
10	167	Kiplangat Davis	KEN	1995	None	13.07.55
11	168	Kipruto Emmanuel Kiprop	KEN	1995		13.33
12	7	Ebenyo Simiu Daniel	KEN	1995	13.15.2	13.15.92
14	19	Krop Jacob	KEN	1995	13.11.32	13.03.08
15	186	Kimeli Nicholas Kipkorir	KEN	1995	12.51.78	12.51.78
16	165	Kiptarus Felix	KEN	1995		

16:03 hrs - 400m Women - (Discretionary)

Lane	Bib	Name	Nat		SB	PB
1	115	Cherono Joan	KEN	1991	None	52.85
2	128	Kerubo Vanice	KEN	2001	None	56.95
3	59	Saka Souliatou	BEN	1991	54.77	54.67
4	81	Syombua Hellen	KEN	1997	54.2	51.09
5	68	Moraa Mary	KEN	2000	None	51.75
6	170	Masilingi Beatrice	NAM	2003	52.19	52.19
7	43	Shida Leni	UGA	1994		
8	208	Mutua Veronica	KEN	1992	None	52.14

16:11 hrs - 400m Men - (Discretionary)

Lane	Bib	Name	Nat		SB	PB
1	102	Emmanuel Mutua	KEN	2002	47	
2	175	Poghisio Joseph	KEN	1990	47.9	45.85
3	169	Geldenhuys Ivan Danny	NAM	2001	46.29	46.29

4	202	Momanyi Jared	KEN	1988		45.13
5	114	Kishoyian Alphas Leken	KEN	1994	47	44.75
6	94	Ojeli Emmanuel	NGR	1998	45.91	45.91
7	117	Gichana Collins Omae	KEN	1989	None	45.19
8	134	William Ryan	KEN	1994	46.45	

16:19 hrs - 800m Women - (Discretionary)

Lane	Bib	Name	Nat		SB	PB
1	9	Eglay Nalyanya	KEN	1996	None	2.00.28
2.1	84	Hirut Meshesha	ETH	2001	2.03.80	2.00.92
2.2	57	Korir Naomi	KEN	1998	2.04.03	2.02.95
3	82	Sum Eunice	KEN	1988	2.02.42	1.56.99
4	184	Nanyondo Winnie	UGA	1993	2.00.49	1.58.63
4	83	Jepkosgei Nelly	BRN	1991	None	1.58.96
5	58	Yarigo Noelie	BEN	1985	2.00.11	1.59.12
6	154	Chepchumba Naumglorious	KEN	1993		2.04.14
7	56	Tuwei Emily Cherotich	KEN	1986	None	1.58.04
8	133	Bobocea Claudia	ROM	1992	2.01.37	2.01.37

16:29 hrs - 3000m Steeplechase Men - (Core)

Order	Bib	Name	Nat		SB	PB
1	194	Serem Amos	KEN	2002	8.35.6	8.35.6
2	174	Seme Abraham	ETH		None	8.28.48
3	149	Kigen Benjamin	KEN	1993	None	8.05.12
4	131	Sikowo Abel	UGA	1999	None	8.25.91
5	80	Kemboi Kipsang Lawrence	KEN	1993	None	8.11.26
6	55	Yego Hilal	TUR	1992	8.36.29	8.03.57
7	53	Kirwa Geoffrey Kipkemboi	KEN			
8	16	Bett Leonard	KEN	2000	8.08.78	8.08.61
9	15	Kibiwott Abraham	KEN	1996	None	8.05.72
10	155	Kirui Amos	KEN	1998	8.17.07	8.08.37
11	124	Kipchumba Vincent	KEN	2001	None	8.39.93
12	54	Kones Wilberforce	KEN	1993	None	8.22.55

16:40 hrs - Hammer Throw Men - (Core)

Order	Bib	Name	Nat		SB	PB
1	108	Itumeleng Tshepang Makhethe	RSA	1996		
2	192	Abuda Dominic	KEN	1993	62.56	62.57

3	122	Koucky Petr	CZE	1985	65.2	67.78
4	123	Lingua Marco	ITA	1978	72.37	79.97
5	109	Makhrosenka Zakhar	BLR	1991	74.96	76.2
6	137	Baltaci Ozkan	TUR	1994	77.33	77.5
7	197	Sakawa Dennis	KEN	1984	None	53.83

16:45 hrs - 200m Women - (Core)

Lane	Bib	Name	Nat		SB	PB
1	207	Imali Maximilia	KEN	1996	None	None
2	118	Murandafu Eunice Kadogo	KEN	1994	24.58	23.64
3	191	Njobvu Rodah	ZAM	1994	23.23	23.23
4	42	Basant Hemida	EGY	1996		22.83
5	107	Awuah Kristal	GBR	1999	23.2	23.2
6	60	Saka Souliatou	BEN	1991	24.66	24.11
7	22	Shida Leni	UGA	1994	None	23.44
8	95	Gabriel Joy Udo	NGR	1999	None	24.08

16:52 hrs - 1500m Men - (Discretionary)

Order	Bib	Name	Nat		SB	PB
1	204	Majok Yach	S Sudan			3.44.00
2	41	Tobin Sean	IRL	1994	3.43.92	3.41.80
3	76	Kiplagat Silas	KEN	1989	3.41.78	3.27.64
4	49	Rotich Abraham	BRN	1993	3.42.85	3.39.86
5	52	Abdoufatah Daher Awaleh	DJI	1997	None	3.42.62
6	70	Kipsang Abel	KEN	1998	3.38.7	3.38.7
7	50	Bachir Hiss	DJI	1987	None	3.35.74
8	39	Robinson Paul	IRL	1991	3.38.26	3.35.22
9	196	Keter Vincent	KEN	2002	3.37.95	3.36.27
10	6	Melly Edwin Kiplangat	KEN	1994	None	3.36.71
11	2	Bethwel Birgen	KEN	1988	3.36.67	3.30.77
12	48	Kiprugut Boaz	KEN	1998	3.36.97	3.36.47
13	157	Kumari Taki	KEN	1999	3.34.14	3.34.14
14	11	Cheruiyot Timothy	KEN	1995	3.28.45	3.28.41
15	12	Sein Timothy	KEN	1988		
16	166	Weinans Valentijn	NED	1995	3.36.68	3.30.78

17:04 hrs - 5000m Women - (Discretionary)

Order	Bib	Name	Nat		SB	PB
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1	164	Ngetich Agnes	KEN	2000	None	15.56.4
2	144	Chepkemoi Joyce	KEN	1995	None	15.38.43
3	173	Ketema Tigist	ETH	1998		
4	139	Gebreselama Tsigie	ETH	2000	None	15.12.96
5	132	Chelangat Sarah	UGA	2001	None	15.00.61
6	67	Rotich Jackline	KEN	2000	16.20.7	15.09.62
7	195	Jebiwot Quailyne Kiprop	KEN	1999	None	None
8	151	Worku Fantu	ETH	1999	None	14.40.47
9	88	Kite Gloria		1998	None	14.49.22
10	87	Tirop Agnes	KEN	1995	None	14.20.68
11	34	Chebet Beatrice	KEN	2000	15.57.4	14.46.12
12	21	Chepkirui Sheila	KEN	1990	None	14.54.05
13	4	Obiri Helen	KEN	1989	14.22.12	14.18.37
14	91	Kipkemboi Margaret	KEN	1993	None	14.27.49
15	210	Gichia Wambui Tabitha	KEN	1983		
	34	Chebet Beatrice	KEN	2000	15.57.4	14:46.1

17:27 hrs - 200m Men - (Core)

Lane	Bib	Name	Nat		SB	PB
1	119	Ndichu Peter Mwai	KEN	1990	None	20.85
2	159	Asamba Dan	KEN	1993	21.34	20.82
3	93	Jakpa Jerry	NGR	1998	20.59	20.59
4	92	Itsekiri Usheorite	NGR	1998	20.53	20.53
5	5	Dambile Sinesipho	RSA	2002	20.47	20.43
6	28	Cisse Arthur	CIV	1996	20.23	20.23
7	23	Dyrbak Tazan Kamanga	DEN	2002	20.91	20.91
8	116	Nyangau Mike Mokamba	KEN	1994	21.3	20.48

17:35 hrs - 800m Men - (Discretionary)

Lane	Bib	Name	Nat		SB	PB
1	189	Nyak James Chanjiek	REF	1992		1.54.95
2.1	203	Thon Abraham Guot	S Sudan			1.49.11
2.2	75	Kipkoech Nicholas	KEN	1992	None	1.43.37
3	156	Kinyamal Wyclife	KEN	1997	1.45.53	1.43.12
4	74	Deng Joseph	AUS	1998	1.45.40	1.44.21
5	44	Rotich Ferguson	KEN	1989	1.44.16	1.42.54
6	47	Kipchumba Evans	KEN	1994	1.48.06	1.45.91
7	45	Kipruto Collins	KEN	1994	1.45.26	1.44.42
8	46	Tuwei Cornelious	KEN	1993	None	1.43.82

17:45 hrs - 3000m Steeplechase Women - (Core)

Order	Bib	Name	Nat		SB	PB
1	104	Strebkova Nataliya	UKR	1995	9.41.38	9.37.28
2	38	Finn Michelle	IRL	1989	9.38.04	9.38.04
3	63	Chepkurui Mercy	KEN	2000	9.45.70	9.23.59
4	37	Gregson Genevieve	AUS	1989	9.44.01	9.14.28
5	64	Cherono Fancy	Ken	2001	None	9.31.00
6	65	Yavi Winfred Mutilo	BRN	1999	None	9.05.68
7	69	Chepnegitch Roseflina	Ken	1997	None	9.08.23
8	130	Chemtai Peruth	UGA	1999	9.11.08	9.07.94
9	135	Chepkoech Beatrice	KEN	1991	9.10.07	8.44.32
10	136	Jepkemoi Hyvin Kiyeng	KEN	1992	9.06.14	9.00.01
11	176	Chebii Lilian	KEN			9.58.07

18:00hrs - Closing Show
